

4-H... More Than You
Ever Imagined.



4-H is...

Youth Development

Life Skills

Leadership Skills

Community Service

4-H IS

- **Youth development.** Sharing, learning, growing.
- **Life skills.** 4-H helps youth develop life skills such as: communication, citizenship, decision-making, leadership.
- **One of a kind!** It provides learning experiences in which youth grow personally as they develop skills for living. 4-H participants explore careers and positive leisure time activities.
- **A family affair.** 4-H is centered in the home and family. Members and parents often attend meetings together.
- **Open to all.** 4-H happens everywhere. The 4-H program is open to all who wish to participate without regard to race, creed, sex, marital status, handicaps or disadvantages, economic or ethnic backgrounds.
- **Flexible.** More than 150 projects provide opportunities for all youth. Project and program requirements may be modified to meet the needs and interests of special groups.
- **Recreation.** If you're ready for action, 4-H is ready for you! Camping, bicycling, fishing, and hiking. 4-H has it all.
- **Travel.** You can travel to a neighboring county or to our country's capitol through 4-H. A variety of projects and programs offer trips close to home, to other states and even to other countries.

Choose things you want to do!

Would you like to fix up your room, fix your bike, make something out of wood, raise an animal or some plants, take pictures, collect insects or make a rocket? You can do all this in 4-H. Interested in something else? You can even design your own project.

Have fun!

Have fun at club meetings and activities, on trips and tours, doing helpful things for senior citizens or fun projects for your town or community.

Make friends!

Your club might go roller skating or form a baseball team or have a party. There are ways to win ribbons and trophies. Whatever you do and wherever you go, you can make new friends.



We Need You!

Volunteer 4-H leaders come from all walks of life. If you are interested in becoming a leader, please stop by the Extension Office for an application and more information.

Where to find us . . .

Moffat County Extension Office
Moffat County
539 Barclay Street
Craig, CO 81625

Hours: 8:00 - 12:00 noon
12:30 - 4:00 PM
Monday through Thursday

Who to contact . . .

Alisa Comstock
4-H/Youth Development Agent
(970) 824-9180

Enrollment Information . . .

➤ Enrollment fees:

\$25.00 per member - this covers cost of 4-H manuals and books.

➤ 2010 Project Enrollment Dates:

To be eligible for completion of 2010 projects, 4-H enrollment must be received by June 1, 2010.

Recommended Enrollment Dates:

November 1, 2009 through January 31, 2010.

➤ 4-H Ages:

(as of Jan. 1, current enrollment year).

Traditional 4-H: 8 to 18 years old

Cloverbuds: 5 to 7 years old